

## Affirmations

- ✓ I love and accept myself unconditionally.
- ✓ I approve of myself and feel great about myself.
- ✓ I radiate love and respect and in return I get love and respect.
- ✓ I am a well-loved and well respected person.
- ✓ I am a cultured and wise and yet, a humble person.
- ✓ My high self-esteem enables me to respect others and beget respect in turn.
- ✓ I am free to make my own choices and decisions.
- ✓ I am a unique and a very special person and worthy of respect from others.
- ✓ My high self-esteem allows me to accept compliments easily and also freely compliment others.
- ✓ I accept others as they are and they in turn accept me as I am.
- ✓ It matters little what others say. What matters is how I react and what I believe.
- ✓ All is well in my world and I trade love and acceptance with the world.
- ✓ I have high self-esteem as I respect myself.
- ✓ I deserve all that is good. I release any need for misery and suffering.
- ✓ I release the need to prove myself to anyone as I am my own self and I love it that way.
- ✓ I am solution minded. Any problem that comes up in life is solvable.
- ✓ I am never alone. The universe supports me and is with me at every step.
- ✓ My mind is filled only with loving, healthy, positive and prosperous thoughts which ultimately are converted into my life experiences.
- ✓ My mind is full of gratitude for my lovely and wonderful life.
- ✓ I consciously release the past and live only in the present. That way I get to enjoy and experience life to the full.



# *Sacred Space* *of Wilmington*

"A spiritual person finds happiness in being loving and compassionate towards everyone, even towards those who are against him. He is like a tree that gives shade even to those who are in the act of cutting it down."

~Amma~

Welcome to  
Sacred Space Of Wilmington  
April 6, 2015

**Enlightenment Services 7:00pm**

**Music** "Unconditionally"

By Katy Perry

Oh no, did I get too close?  
Oh, did I almost see what's really on the inside?  
All your insecurities  
All the dirty laundry  
Never made me blink one time

Unconditional, unconditionally  
I will love you unconditionally  
There is no fear now  
Let go and just be free  
I will love you unconditionally

Come just as you are to me  
Don't need apologies  
Know that you are worthy  
I'll take your bad days with your good  
Walk through the storm I would  
I do it all because I love you, I love you

Unconditional, unconditionally  
I will love you unconditionally  
There is no fear now  
Let go and just be free  
I will love you unconditionally

So open up your heart and just let it begin  
Open up your heart and just let it begin  
Open up your heart and just let it begin  
Open up your heart

Acceptance is the key to be  
To be truly free  
Will you do the same for me?

Unconditional, unconditionally  
I will love you unconditionally  
And there is no fear now  
Let go and just be free  
'Cause I will love you  
unconditionally (oh yeah)  
I will love you (unconditional

## Schedule

### **Greetings and Announcements 7:15pm**

- Where Sacred Space is and going
- What you can do to help (Letters)
- Prayer Requests Book
- Next Week

### **Movie: Embracing The World 7:30pm – 8:30pm**

### **Compassion Affirmations (See back of program)**

### **Song: Unconditionally**

### **Prayer Requests**

### **Final Teaching with Barbara**

### **Gathering with Question & Answer**

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